

BOOKLIST - DRUGS IN SPORT

There is an extensive bibliography in the area. Some sports like cycling have received a good deal of coverage, notably because of Lance Armstrong's admitted doping, but other sports including athletics, swimming and baseball have also been heavily implicated.

The list that follows is not comprehensive, but here are some suggested reads.

- Chris Cooper, *Run, Swim, Throw, Cheat: The science behind drugs in sport*, OUP Oxford, 2012. This is the most accessible general text in the area.
- David R. Mottram (ed.), *Drugs in Sport*, Routledge, 6th edition, 2014. Another comprehensive text.
- Dick Pound, *Inside Dope: How Drugs are the Biggest Threat to Sports, Why You Should Care, and What Can be Done About Them*, John Wiley, 2006. Dick Pound was for many years chair of the World Anti-Doping Agency (WADA)
- Daniel M. Rosen, *Dope: A History of Performance Enhancement in Sports from the Nineteenth Century to Today*, Greenwood Press, 2008.
- Richard Moore, *The Dirtiest Race in History*, Wisden, 2013. The Mens' 100 metre final at the 1988 Seoul Olympics, plus what preceded and followed it. Ben Johnson, Carl Lewis and Linford Christie finished 1-2-3.
- Steven Ungerleider, *Faust's Gold: Inside The East German Doping Machine*, Thomas Dunne Books, 2001. An updated edition appeared in 2013.
- M. Fainaru-Wada and L. Williams, *Game of Shadows: Barry Bonds, Balco, and the Steroids Scandal That Rocked Professional Sports*, Gotham Books, New York, 2006. This includes the story of tetrahydrogestrinone (THG) and people who took it, including Marion Jones.
- J. McCloskey and J. E. Bailes, *When Winning Costs Too Much: Steroids, Supplements and Scandal in Today's Sports World*, Taylor Trade Publishing, Lanham, Maryland, 2005.

- Tim Elfrink and Gus Garcia-Roberts, *Blood Sport: Alex Rodriguez, Genesis and the Quest to End Baseball's Steroid Era*, Dutton Books, 2014. The latest in a number of books about steroid abuse in baseball, helping hit the ball harder and further.
- William Fotheringham, *Put Me Back on My Bike: In Search of Tom Simpson*, Yellow Jersey Press, 2002. Before the era of Hoy, Wiggins and Cavendish, Tom Simpson was the greatest British cyclist; like many other cyclists of his day, he took amphetamines, in his case fatally. Speed kills.
- Lance Armstrong, *It's Not About the Bike: My Journey Back to Life*, Putnam, 2000. This covers the time cisplatin cured Armstrong of life-threatening testicular cancer (Quote: *I thought, Bring it on, give me platinum*)
- David Walsh, *From Lance to Landis: Inside the American Doping Controversy at the Tour de France*, Ballantine Books, 2007. Walsh was the key journalist in uncovering Armstrong's doping culture.
- David Walsh, *Seven Deadly Sins: My Pursuit of Lance Armstrong*, Simon & Schuster, 2012.
- R. Albergotti and V. O'Connell, *Wheelmen: Lance Armstrong, the Tour de France, and the Greatest Sports Conspiracy Ever*, Headline, 2013.
- J. Macur, *Cycle of Lies: The Fall of Lance Armstrong*, Collins, 2014.
- E. O'Reilly, *The Race to Truth: Blowing the whistle on Lance Armstrong and cycling's doping culture*, Bantam, 2014. Emma O'Reilly was Armstrong's *soigneur* at the start of his domination of *le Tour*.
- Matt Rendell, *The Death of Marco Pantani – A Biography*, Weidenfeld & Nicholson, 2006. A famous Italian cyclist who used EPO for many years and died a lonely death.
- Tyler Hamilton, *The Secret Race: Inside the Hidden World of the Tour de France: Doping, Cover-ups, and Winning at All Costs*, Bantam Press, 2012. Another American cyclist who doped.
- Alastair Fotheringham, *The End of the Road: The Festina Affair and the Tour That Almost Wrecked Cycling*, Bloomsbury 2016. The 1998 *Tour* could have been the last.

Three articles that may be useful summaries – contact me at s.cotton@bham.ac.uk if you want copies of any of these.

- T. C. Werner and C. K. Hatton, *J. Chem. Educ.*, 2011, **88**, 34 - 40. (an excellent overall survey of drugs in sport; Caroline Hatton was for many years Don Catlin's deputy at the UCLA Olympic Analytical Laboratory)
- W. W. Franke and B. Berendonk, *Clin. Chem.*, 1997, **43**, 1262–1279. (Husband and wife couple – she competed in two Olympics for West Germany - who went into the former East Germany after the collapse of the communist regime in 1990, uncovering many classified documents that revealed the East German doping programme)
- S. A. Cotton, *Education in Chemistry*, March 2010, 44-48 (steroid abuse in sport)